The Numeric Pain Rating Scale Instructions

General Information:
- The patient is asked to make three pain ratings, corresponding to current, best and worst pain experienced over the past 24 hours.
- The average of the 3 ratings was used to represent the patient’s level of pain over the previous 24 hours.

Patient Instructions (adopted from (McCaffery, Beebe et al. 1989):
“Please indicate the intensity of current, best, and worst pain levels over the past 24 hours on a scale of 0 (no pain) to 10 (worst pain imaginable)”

![Pain Scale]

Reference: