This resource is a communication tool for hospital, ED, EMS providers and their patients. The cards are designed to assist in communication with children and families, especially non-English-speaking or non-verbal patients.

Materials and designs were created by Nye and Associates Smarter Marketing™ for University of Florida College of Medicine-Jacksonville, Dept. of Emergency Medicine. This tool was adapted from Minnesota Emergency Medical Services for Children (EMSC), Children’s Hospitals and Clinics of Minnesota, Kansas EMSC and Kansas Department of Health.

Funding provided by Florida Medical Malpractice Joint Underwriting Association (PECSI & PAMI) and the Children’s Miracle Network Hospitals.
Phone

Emergency Contact Number

(____-____-____)

____-____-____-____
Hospital Gown

Bed
## Pain Scale FLACC

<table>
<thead>
<tr>
<th>FLACC SCALE</th>
<th>0</th>
<th>1</th>
<th>2</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Face</strong></td>
<td>No particular expression or smile</td>
<td>Occasional grimace or frown, withdrawn, disinterested</td>
<td>Frequent to constant frown, clenched jaw, quivering chin</td>
</tr>
<tr>
<td><strong>Legs</strong></td>
<td>Normal position or relaxed</td>
<td>Uneasy, restless, tense</td>
<td>Kicking or legs drawn up</td>
</tr>
<tr>
<td><strong>Activity</strong></td>
<td>Laying quietly, normal position, moves easily</td>
<td>Squirming, shifting back and forth, tense</td>
<td>Arched, rigid or jerking</td>
</tr>
<tr>
<td><strong>Cry</strong></td>
<td>None (awake or asleep)</td>
<td>Moans, whimper, occasional complaint</td>
<td>Steady cry, scream, sobs, frequent complaints</td>
</tr>
<tr>
<td><strong>Consolable</strong></td>
<td>Content, relaxed</td>
<td>Reassured by touch, hug or talking, distractible</td>
<td>Difficult to console or comfort</td>
</tr>
</tbody>
</table>

## Pain Scale Faces

<table>
<thead>
<tr>
<th>0</th>
<th>1-2</th>
<th>3-4</th>
</tr>
</thead>
<tbody>
<tr>
<td><img src="image" alt="0" /></td>
<td><img src="image" alt="1-2" /></td>
<td><img src="image" alt="3-4" /></td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>5-6</th>
<th>7-8</th>
<th>9-10</th>
</tr>
</thead>
<tbody>
<tr>
<td><img src="image" alt="5-6" /></td>
<td><img src="image" alt="7-8" /></td>
<td><img src="image" alt="9-10" /></td>
</tr>
</tbody>
</table>
Scared

Frightened
Head Hurts

Ear Hurts
Back Hurts

Chest Pain
Stomach Hurts

Throw Up
Constipation

Diarrhea
IV Fluid

Medicine
Nasal Medicine

Topical Medicine
Crutches

Cast
Stitches

Sling
Use as needed with a dry erasable marker.
Pediatric Emergency Care Safety Initiative

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