This resource is a communication tool for hospital, ED, EMS providers and their patients. The cards are designed to assist in communication with children and families, especially non-English-speaking or non-verbal patients.

Materials and designs were created by Nye and Associates Smarter Marketing™ for University of Florida College of Medicine-Jacksonville, Dept. of Emergency Medicine. This tool was adapted from Minnesota Emergency Medical Services for Children (EMSC), Children’s Hospitals and Clinics of Minnesota, Kansas EMSC and Kansas Department of Health.

Funding provided by Florida Medical Malpractice Joint Underwriting Association (PECSI & PAMI), Florida EMSC Program and the Children’s Miracle Network Hospitals.
Hospital

Pain Scale Faces

0
5-6
1-2
7-8
3-4
9-10

Caras de la Escala del Dolor
# Pain Scale FLACC

<table>
<thead>
<tr>
<th>FLACC SCALE</th>
<th>0</th>
<th>1</th>
<th>2</th>
</tr>
</thead>
<tbody>
<tr>
<td>Face</td>
<td>No particular expression or smile</td>
<td>Occasional grimace or frown, withdrawn, disinterested</td>
<td>Frequent to constant frown, clenched jaw, quivering chin</td>
</tr>
<tr>
<td>Legs</td>
<td>Normal position or relaxed</td>
<td>Uneasy, restless, tense</td>
<td>Kicking or legs drawn up</td>
</tr>
<tr>
<td>Activity</td>
<td>Laying quietly, normal position, moves easily</td>
<td>Squirming, shifting back and forth, tense</td>
<td>Arched, rigid or jerking</td>
</tr>
<tr>
<td>Cry</td>
<td>None (awake or asleep)</td>
<td>Moans, whimpers, occasional complaint</td>
<td>Steady cry, scream, sobs, frequent complaints</td>
</tr>
<tr>
<td>Consolable</td>
<td>Content, relaxed</td>
<td>Reassured by touch, hug or talking, distractible</td>
<td>Difficult to console or comfort</td>
</tr>
</tbody>
</table>

**Escala de Dolor FLACC**
Oxygen Mask

Mascara de oxigeno

Weight

Peso
Thermometer

Termómetro

Blood Pressure

Presión sanguínea
Examination

Examen

Stethoscope

Estetoscopio
Crash

Hit by car

Choque

Golpeado por un coche
Fall

Caida

Gunshot

El/Un tiro
Rash/Bite

Erupción/ Picadura

Burn

Quemar
Happy
Feliz
Sad
Triste
Sick

Enfermos

Dizzy

Mareado
Head Hurts

Duele la Cabeza

Ear Hurts

Dolores del Oído
Throat Hurts
Duele la Garganta

Cough
Tos
Back Hurts

Dolor de Espalda

Chest Pain

Dolor de Pecho
Stomach Hurts

Dolor de Estomago

Throw Up

Vomitar
Diarrhea

Constipation

Estreñimiento

Diarrhea
Arm Hurts

Lesiona el Brazo

Leg Hurts

Me duele la pierna
Ice Pack

Paquete de hielo

Bandage

Vendaje
Crutches

Muletas

Cast

Molde
IV Fluid/ Blood test

Fluido IV/ Prueba de Sangre

Medicine

Medicina
Use as needed with a dry erasable marker.

Uso según sea necesario con un marcador borrable en seco