Defense and Veterans Pain Rating Scale 2.0 (DVPRS)

**Defense and Veterans Pain Rating Scale**

**Mild**
- No pain
- Hardly noticeable pain
- Notice pain, does not interfere with activities

**Moderate**
- Somewhat distracting
- Distacts me, can stop usual activities
- Interrupts routine activities
- Hard to ignore, avoids usual activities
- Prevents doing daily activities

**Severe**
- Can’t bear the pain, unable to do anything
- As bad as it could be, nothing else matters

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**DoD/VA Pain Supplemental Questions**

For clinicians to evaluate the biopsychosocial impact of pain:

1. **Circle the one number that describes how, during the past 24 hours, pain has interfered with your usual ACTIVITY:**
   - 0: Does not interfere
   - 1: Slightly interferes
   - 2: Interferes
   - 3: Moderately interferes
   - 4: Greatly interferes
   - 5: Completely interferes

2. **Circle the one number that describes how, during the past 24 hours, pain has interfered with your SLEEP:**
   - 0: Does not interfere
   - 1: Slightly interferes
   - 2: Interferes
   - 3: Moderately interferes
   - 4: Greatly interferes
   - 5: Completely interferes

3. **Circle the one number that describes how, during the past 24 hours, pain has affected your MOOD:**
   - 0: Does not affect
   - 1: Slightly affects
   - 2: Interferes
   - 3: Moderately interferes
   - 4: Greatly interferes
   - 5: Completely affects

4. **Circle the one number that describes how, during the past 24 hours, pain has contributed to your STRESS:**
   - 0: Does not contribute
   - 1: Slightly affects
   - 2: Interferes
   - 3: Moderately interferes
   - 4: Greatly interferes
   - 5: Completely affects

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